

ELEMENTS CAFÉ

Mon - Fri

7:30am – 3:00pm

Breakfast: 7:30-10:30

Lunch: 11:15 – 2:00

Snacks: 11:15 – 3:00

R/A

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OATMEAL	V Oatmeal & Toppings: Raisins, Almonds, Brown Sugar				
SANDWICH	Egg, Bacon, American Cheese on Croissant V Egg White, Swiss Cheese, Mushrooms, Onion, Kale on Wrap	Egg, Cheddar Cheese, Turkey Bacon on a Croissant V Egg ,Queso Fresco, Avocado, Pico de Gallo, Black Bean Spread Spinach Wrap	Egg, Pork Sausage, Chimichurri, Salsa Criolla, Cheddar on Ciabatta V Egg White, Pepper Jack Cheese, Kale, Tomato, Onion on Thin Plain Bagel	Egg Soppressata, Fresh Mozzarella, Sundried Tomato Spread Herb Focaccia V Egg White, Pepper Jack, Black Beans, Tomato, Cilantro, Red Onion, Wrap	Egg, Swiss Cheese, Pork Sausage on Croissant V Egg White, Cheddar Cheese on Thin Wheat Bagel
HOT BUFFET	V Fried Eggs, Plant-Based Chorizo, Tomato, Peppers, Onions & Peas V Scrambled Eggs V Tater Tots Applewood Smoked Bacon V Roasted Broccoli Florets, Herb Oil	V Vegetable & Cheese Frittata V Scrambled Eggs V Home Fries Chicken & Apple Sausage V Sauteed Green Beans, Cherry Tomatoes, Onions	V French Toast V Maple Syrup V Whipped Cream V Fruit Compote V Scrambled Eggs V Potato, Quinoa, White Cheddar & Spinach Hash Kielbasa V Sauteed Kale, Peppers, Onions	V Shakshuka: Eggs, Tomato & Feta V Scrambled Eggs V Hash Brown Patties Corned Beef Hash: Potatoes, Peppers, Onions V Roasted Brussels Sprouts, Shallots	V Waffles V Whipped Cream V Fresh Berries V Fruit Compote V Caramelized Banana V Nutella V Maple Syrup
WEEK 2					
SANDWICH	Egg, Kielbasa, Cheddar Cheese on Croissant V Egg White, Swiss Cheese, Mushrooms, Onion, Kale on Wrap	Egg, Cheddar Cheese, Pork Sausage on Thin Wheat Bagel V Egg White, Yellow Cheddar on Brioche Bun	Egg, Swiss Cheese, Turkey Bacon on Croissant V Egg White, Pepper Jack Cheese, Kale, Tomato, Onion on Thin Plain Bagel	Egg, Bacon, American Cheese on Thin Plain Bagel V Egg White, Pepper Jack, Black Beans, Tomato, Cilantro, Red Onion, Wrap	Egg, Ham, Swiss Cheese on Brioche Bun V Egg White, Yellow Cheddar on Thin Wheat Bagel
HOT BUFFET	V Spinach & Cheese Strata V Scrambled Eggs V Hash Brown Patties Kielbasa V Sauteed Kale, Peppers, Onions	V Ranch-Style Eggs, Black Beans, Tomato, Cilantro, Scallions, Cheddar V Scrambled Eggs V Tater Tots Pork Sausage V Roasted Brussels Sprouts, Shallots	V French Toast V Maple Syrup V Whipped Cream V Fruit Compote V Scrambled Eggs V Sweet Potato Hash: Peppers, Onions, Herbs Chicken & Apple Sausage V Sauteed Green Beans, Cherry Tomatoes, Onions	V Flamenco Eggs: Plant-Based Chorizo, Tomato, Peppers, Onions V Scrambled Eggs V Potato, Quinoa, White Cheddar & Spinach Hash Applewood Smoked Bacon V Roasted Broccoli Florets, Herb Oil	V Waffles V Whipped Cream V Fresh Berries V Fruit Compote V Caramelized Banana V Nutella V Maple Syrup

** Menus are subject to change due to seasonality and availability

** Before placing your order, please inform your server if a person in your party has a food allergy